

# Mother Daughter Retreat Weekend

**Cabin:** \_\_\_\_\_

**Team:** \_\_\_\_\_

**Tables: Mom:** \_\_\_\_\_ **Daughter(s):** \_\_\_\_\_

**Groups: Mom:** \_\_\_\_\_ **Daughter(s):** \_\_\_\_\_

## Friday (Day One)

- 5:30-7:00** **Arrival**  
Check-in at desk and move into cabins,
- 6:00-7:00** **Unpacking and settling in**  
Get ready for campfire and night hike- Wearing long pants, long sleeves and bug spray.
- 7:00** **Big Group Games (Top Field)**
- 8:00** **Welcoming campfire**
- 8:45** **Night Hike**  
**End at dining hall (Light snacks available)**  
Return to cabins
- 10:00** **Lights Out** (Can quietly read after, but please be quiet if in cabin after lights out)  
**Optional Mom Time in Dining Hall**  
(need 1 mom per cabin to stay in the cabins, rule of 3 at all times please unless it is your child.)
- 11:00** **Moms back to cabins from Dining Hall**

## Saturday (Day Two)

- 6:00** **Early Bird activities- Meet counselors at fork in the road in West Village.**  
Challenge Hike/ Arts and Crafts/ Canoeing
- 7:00** **Wake up / Cabin Clean Up**
- 7:45** **Singing in table lines by dining hall**
- 8:00** **Community Gathering @ Flag Pole**
- 8:15** **Breakfast**  
Camp Chores guided by team counselors
- 9:30** **Morning Teams- Meet in Rec Hall**
- 11:45** **Trotters Report to Dining Hall / Everyone else: Singing in table lines**
- 12:00** **Lunch**
- 1:00** **Siesta / Mother Daughter Reflection Time (In Cabins or Around Camp)**
- 2:00** **Meet at Rec Shelter for Campivities**

- 2:10-3:30** **Camptivity 1**  
Rock Climbing / Pool / Archery
- 3:30-3:55** **La Tienda** (Camp store: on account, to be paid at checkout on Sunday)
- 3:55** **Meet at Rec Hall**
- 4:00-5:20** **Camptivity 2**  
Rock Climbing / Slacklining/ Riverwalk
- 5:20- 5:40** **Return to cabins- Dress in campfire clothes- long pants, long sleeves and bug spray**
- 5:45** **Trotters report to Dining Hall / Everyone else: Singing in table lines**
- 6:00** **Dinner**
- 7:00-8:00** **Mom/mom time and Daughter/daughter time**  
**Final Campfire**  
**Return to Cabins**
- 10:00** **Lights Out** (Can quietly read after, but please be quiet if in cabin after lights out)  
**Optional Mom Time in Dining Hall**  
(Need 1 mom per cabin to stay in the cabins, rule of 3 at all times please unless it is your child.)
- 11:00** **Moms back to cabins from Dining Hall**

**Sunday (Day 3)**

- 6:00** **Early Bird activities- Meet counselors at fork in the road in West Village.**  
Archery / Cratestacking/ Arts and Crafts
- 7:00** **Wake up / Cabin Clean Up**
- 7:45** **Trotters to dining hall/ Everyone else: Singing in table lines**
- 8:00** **Community Gathering @ Flag Pole**
- 8:15** **Breakfast**  
**Large Group Picture (wear Kupugani shirts if you have them)**
- 9:30** **Morning Teams (Meet in Rec hall)**  
**All Camp Gaga**
- 11:45** **Trotters meet at Dining Hall/ Everyone else: Singing in table lines**
- 12:00** **Lunch**
- 1:30** **Closing Circle- (Top field)**
- 1:45-2:45** **Camptivity 1**  
Rock Climbing / Cratestacking / Canoeing
- 2:50-3:50** **Mud Volleyball & Dam Jumping & Lake Play**
- 3:50** **Back to Cabins to Change and bring stuff up to camp before checkout**  
Please leave cabins clean and tidy, Thanks! :)
- 4:15-5:15** **Departure**  
La Tienda will be open to buy snacks and swag and also to settle final La Tienda balance.  
Collect Mom/Daughter envelopes,  
Collect medications,