

Packing list

THE BASICS (YOU WILL NEED ALL OF THESE...PLEASE USE CHECKLIST!)

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|--|---|
| <input type="checkbox"/> brush/comb
<input type="checkbox"/> toothbrush/paste
<input type="checkbox"/> soap/soapbox/shampoo
(2 in 1 shampoo/conditioner is a good idea)
<input type="checkbox"/> hat or visor
<input type="checkbox"/> sunscreen/lip balm
<input type="checkbox"/> insect repellent
<input type="checkbox"/> 2 pr tennis shoes (in case one gets wet)
<input type="checkbox"/> 1 pr Teva type sandals/Aqua sox
<input type="checkbox"/> stationery/stamps/pen/pencil
<input type="checkbox"/> sleeping bag
<input type="checkbox"/> 10 short sleeved t-shirts
<input type="checkbox"/> 2 sweatshirts/sweaters
<input type="checkbox"/> 4 pr jeans/pants/sweatpants
<input type="checkbox"/> 7 pr shorts
<input type="checkbox"/> (length=no more than 3 inches above knee)
<input type="checkbox"/> http://dontmindthemess.com/2015/04/find-long-shorts-girls/
<input type="checkbox"/> garbage bag for wet/dirty clothes
<input type="checkbox"/> socks (enough for one week)
<input type="checkbox"/> 10 pr underwear
<input type="checkbox"/> girl campers: feminine hygiene products
(incl. tampons or pads)
<input type="checkbox"/> large garbage bag labeled with your name
(for wet or last-minute items) | <input type="checkbox"/> 2 swimsuits
<input type="checkbox"/> 2 pajamas/robes
<input type="checkbox"/> names and addresses of 5 friends (to send free
camp postcards)
<input type="checkbox"/> stamped, pre-addressed envelopes
<input type="checkbox"/> jacket/windbreaker
<input type="checkbox"/> rain gear/poncho
<input type="checkbox"/> sunglasses
<input type="checkbox"/> flashlight & extra batteries
<input type="checkbox"/> water bottle
<input type="checkbox"/> culturally representative item (i.e. flag, clothing, etc.)
<input type="checkbox"/> 2 long sleeve cotton shirts
<input type="checkbox"/> laundry bag
<input type="checkbox"/> 2 bath towels (optional: incl. beach towel)
<input type="checkbox"/> Kupugani T-Shirt (for picture day...new campers
get one at check in)
<input type="checkbox"/> 1 blanket
<input type="checkbox"/> 2 fitted sheets and 2 flat sheets (singles)
<input type="checkbox"/> 1 pillow and 2 cases
<input type="checkbox"/> index cards with your name and contact info (to share
with new friends before leaving camp)
<input type="checkbox"/> packing list of items you packed
<input type="checkbox"/> 1 red and 1 blue t-shirt for Kupu-Olympics! |
|--|---|

Optional

- | | |
|--|---|
| <input type="checkbox"/> toiletries case/basket
<input type="checkbox"/> musical instrument
<input type="checkbox"/> reading material/books
<input type="checkbox"/> fanny pack for carrying inhaler
or Epi-Pen, if necessary
<input type="checkbox"/> items to be tie-dyed (or backwards tie-dyed) | <input type="checkbox"/> small (battery-operated) fan
<input type="checkbox"/> disposable camera or other non-digital camera
<input type="checkbox"/> one nice, casual outfit
<input type="checkbox"/> soccer shin guards
<input type="checkbox"/> Croc-type sandals (for shower only)
<input type="checkbox"/> swim goggles |
|--|---|

When packing your items for camp, please remember:

Anything you wear during camp may get stained, torn, and sometimes completely ruined! Camp is fun and can get messy!

When leaving camp, please check that you have everything; due to limited storage, we can keep lost items for only a week.

NOT to Bring!

(We will confiscate the following items should they be brought to camp. It cannot be guaranteed that you will get them back, so PLEASE do not bring them to camp.)

- **Food, candy, or gum. We will provide plenty of healthy food. Food brought by campers will be confiscated; food in the cabins is an invitation for critters to visit.**
- **Knives or other weapons**
- **Matches or lighters**
- **Hair dryers, curling irons or hair straighteners (fire hazard)**
- **Any electric fans or box fans (if necessary, those will be supplied by camp for the cabin) Each cabin has a ceiling fan located in the center of the room.**
- **Make-up or perfume**
- **Electronics (incl. electronic games, cell phones, MP3 players or personal music player or radios)**
- **Watches/clocks** (Constantly looking ahead to something that seems overdue can take the mind out of the present and restrict current enjoyment. Kupugani fosters a mindful culture where young people can focus on living in the present.)
- **Money**
- **ANYTHING VALUABLE**